

VBCSM 2 6: Session: 4: COACH evaluation sheet for TEAM: ZN

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van Dooren Glenn

Coaches: Vanhaesebroeck Nicolas

Coaches: Neiryndck Jan

Coaches: Dekker Tamiko

Coaches: Faes Sandra HEADCOACH

Coaches: Wouters Ivan

Coaches: Blaton Joke

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 29: 200M MEDLEY MIXED 10-9							Heat:1, starttime: 14:00	
Heat: 1/1 Lane : 6 Athlete: BAKELANTS JULIA							Q-time: 03:42:52	
PB (25m pool): 03:42.52 TEMSE 23/11/2025				PB (50m pool): no time SB: 03:42.52 TEMSE 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:55.58		01:53.29		02:49.40		03:42.52
	00:55.58		00:57.71		00:56.11		00:53.12	
								

Coach feedback:

Event number: 30: 100M MEDLEY MIXED 10-9										Heat:1, starttime: 14:06	
Heat: 1/3 Lane : 1 Athlete: VAN LOOY MAREN										Q-time: 99:99:99	
PB (25m pool): no time					PB (50m pool): no time SB: no time						
	2 5 M		5 0 M		7 5 M		1 0 0 M				
PB			no time				no time				
	no time										
											

Coach feedback:

Event number: 30: 100M MEDLEY MIXED 10-9							Heat:3, starttime: 14:10	
Heat: 3/3 Lane : 4 Athlete: GISCA KOSTYA							Q-time: 01:31:89	
PB (25m pool): 01:31.89 Nijlen 01/03/2026				PB (50m pool): no time SB: 01:31.89 Nijlen 01/03/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		no time		01:31.89				
	no time							
								

Coach feedback:

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Event number: 30: 100M MEDLEY MIXED 10-9					Heat:3, starttime: 14:10
Heat: 3/3 Lane : 5 Athlete: VAN GROOTEL RIKKE					Q-time: 01:36:66
PB (25m pool): 01:36.66 Nijlen 01/03/2026			PB (50m pool): no time SB: 01:36.66 Nijlen 01/03/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:36.66	
	no time				
					

Coach feedback:

Event number: 30: 100M MEDLEY MIXED 10-9					Heat:3, starttime: 14:10
Heat: 3/3 Lane : 7 Athlete: DE VIJLDER RIKKE					Q-time: 01:42:69
PB (25m pool): 01:42.69 Nijlen 01/03/2026			PB (50m pool): no time SB: 01:42.69 Nijlen 01/03/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:42.69	
	no time				
					

Coach feedback:

Event number: 31: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 14:18
Heat: 3/8 Lane : 6 Athlete: VAN GINKEL LOES					Q-time: 01:36:81
PB (25m pool): 01:36.81 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): no time SB: 01:36.81 Stedelijk Zwembad Geel 15/02/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.06		01:36.81	
	00:44.06		00:52.75		
					

Coach feedback:

Event number: 31: 100M MEDLEY WOMEN 11+					Heat:4, starttime: 14:20
Heat: 4/8 Lane : 2 Athlete: DIRICKX FINNE					Q-time: 01:29:10
PB (25m pool): 01:29.10 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): no time SB: 01:29.10 Stedelijk Zwembad Geel 15/02/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.50		01:29.10	
	00:41.50		00:47.60		
					

Coach feedback:

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Event number: 31: 100M MEDLEY WOMEN 11+					Heat:4, starttime: 14:20
Heat: 4/8 Lane : 4 Athlete: CROONEN LIZE					Q-time: 01:25:22
PB (25m pool): 01:25.22 Mol 28/12/2025					PB (50m pool): no time SB: 01:25.22 Mol 28/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.69		01:25.22	
	00:40.69		00:44.53		
					

Coach feedback:

Event number: 31: 100M MEDLEY WOMEN 11+					Heat:5, starttime: 14:22
Heat: 5/8 Lane : 7 Athlete: WYNANTS FRé					Q-time: 01:24:71
PB (25m pool): 01:24.71 Stedelijk Zwembad Geel 15/02/2026					PB (50m pool): no time SB: 01:24.71 Stedelijk Zwembad Geel 15/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.62		01:24.71	
	00:39.62		00:45.09		
					

Coach feedback:

Event number: 31: 100M MEDLEY WOMEN 11+					Heat:6, starttime: 14:24
Heat: 6/8 Lane : 8 Athlete: GEELEN GUUSJE					Q-time: 01:20:54
PB (25m pool): 01:20.54 Stedelijk Zwembad Geel 15/02/2026					PB (50m pool): no time SB: 01:20.54 Stedelijk Zwembad Geel 15/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.41		01:20.54	
	00:36.41		00:44.13		
					

Coach feedback:

Event number: 31: 100M MEDLEY WOMEN 11+					Heat:7, starttime: 14:26
Heat: 7/8 Lane : 7 Athlete: VANHAESEBROECK MARIE-ELINE					Q-time: 01:17:00
PB (25m pool): 01:17.00 Stedelijk Zwembad Geel 15/02/2026					PB (50m pool): no time SB: 01:17.00 Stedelijk Zwembad Geel 15/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.93		01:17.00	
	00:34.93		00:42.07		
					

Coach feedback:

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Event number: 31: 100M MEDLEY WOMEN 11+					Heat:8, starttime: 14:28
Heat: 8/8 Lane : 1 Athlete: DELIEN FLOOR					Q-time: 01:11:51
PB (25m pool): 01:11.51 Aarschot 04/05/2025					PB (50m pool): no time SB: 01:12.72 Stedelijk Zwembad Geel 15/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:11.51	
	no time				
					

Coach feedback:

Event number: 32: 100M MEDLEY MEN 11+					Heat:3, starttime: 14:34
Heat: 3/6 Lane : 5 Athlete: THIJSBAERT NIO					Q-time: 01:19:79
PB (25m pool): 01:19.79 Hoogstraten 28/09/2025					PB (50m pool): no time SB: 01:19.79 Hoogstraten 28/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:19.79	
	no time				
					

Coach feedback:

Event number: 32: 100M MEDLEY MEN 11+					Heat:3, starttime: 14:34
Heat: 3/6 Lane : 7 Athlete: CAMBRé ARTHUR					Q-time: 01:25:40
PB (25m pool): 01:25.40 Stedelijk Zwembad Geel 15/02/2026					PB (50m pool): no time SB: 01:25.40 Stedelijk Zwembad Geel 15/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.86		01:25.40	
	00:39.86		00:45.54		
					

Coach feedback:

Event number: 32: 100M MEDLEY MEN 11+					Heat:5, starttime: 14:38
Heat: 5/6 Lane : 1 Athlete: VERDONCK STAN					Q-time: 01:10:63
PB (25m pool): 01:10.63 Stedelijk Zwembad Geel 15/02/2026					PB (50m pool): no time SB: 01:10.63 Stedelijk Zwembad Geel 15/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.74		01:10.63	
	00:32.74		00:37.89		
					

Coach feedback:

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Event number: 32: 100M MEDLEY MEN 11+					Heat:5, starttime: 14:38
Heat: 5/6 Lane : 4 Athlete: VAN EGDOM SIEB					Q-time: 01:07:28
PB (25m pool): 01:07.28 Mol 28/12/2025			PB (50m pool): no time SB: 01:07.28 Mol 28/12/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.19		01:07.28	
	00:31.19		00:36.09		
					

Coach feedback:

Event number: 32: 100M MEDLEY MEN 11+					Heat:5, starttime: 14:38
Heat: 5/6 Lane : 6 Athlete: VAN DOOREN WARRE					Q-time: 01:07:44
PB (25m pool): 01:07.44 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): no time SB: 01:07.44 Stedelijk Zwembad Geel 15/02/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.27		01:07.44	
	00:30.27		00:37.17		
					

Coach feedback:

Event number: 32: 100M MEDLEY MEN 11+					Heat:6, starttime: 14:40
Heat: 6/6 Lane : 2 Athlete: SNEYERS LIAM					Q-time: 01:01:82
PB (25m pool): 01:01.82 Stedelijk Zwembad Geel 16/02/2025			PB (50m pool): no time SB: 01:04.29 Stedelijk Zwembad Geel 15/02/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:01.82	
	no time				
					

Coach feedback:

Event number: 32: 100M MEDLEY MEN 11+					Heat:6, starttime: 14:40
Heat: 6/6 Lane : 4 Athlete: VAN EGDOM WOUT					Q-time: 00:59:88
PB (25m pool): 00:59.06 Herentals 18/05/2024			PB (50m pool): no time SB: 01:00.18 Stedelijk Zwembad Geel 15/02/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		00:59.06	
	no time				
					

Coach feedback:

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Event number: 32: 100M MEDLEY MEN 11+					Heat:6, starttime: 14:40
Heat: 6/6 Lane : 5 Athlete: SNEYERS KOBE					Q-time: 00:59:92
PB (25m pool): 00:59.92 Herentals 17/05/2025					PB (50m pool): no time SB: 01:02.07 Stedelijk Zwembad Geel 15/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.02		00:59.92	
	00:28.02		00:31.90		
					

Coach feedback:

Event number: 33: 100M BREASTSTROKE MIXED 10-9					Heat:1, starttime: 14:42
Heat: 1/4 Lane : 5 Athlete: VAN LOOY MAREN					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 33: 100M BREASTSTROKE MIXED 10-9					Heat:3, starttime: 14:48
Heat: 3/4 Lane : 4 Athlete: VAN GROOTEL RIKKE					Q-time: 01:53:86
PB (25m pool): 01:53.86 Nijlen 16/11/2025					PB (50m pool): no time SB: 01:53.86 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:54.59		01:53.86	
	00:54.59		00:59.27		
					

Coach feedback:

Event number: 33: 100M BREASTSTROKE MIXED 10-9					Heat:3, starttime: 14:48
Heat: 3/4 Lane : 6 Athlete: DE VIJLDER RIKKE					Q-time: 01:57:16
PB (25m pool): 01:57.16 Nijlen 01/03/2026					PB (50m pool): no time SB: 01:57.16 Nijlen 01/03/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:55.21		01:57.16	
	00:55.21		01:01.95		
					

Coach feedback:

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Event number: 33: 100M BREASTSTROKE MIXED 10-9					Heat:4, starttime: 14:50
Heat: 4/4 Lane : 4 Athlete: BAKELANTS JULIA					Q-time: 01:37:95
PB (25m pool): 01:37.95 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): no time SB: 01:37.95 Stedelijk Zwembad Geel 15/02/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.79		01:37.95	
	00:47.79		00:50.16		
					

Coach feedback:

Event number: 34: 100M BACKSTROKE WOMEN 11+					Heat:1, starttime: 14:54
Heat: 1/7 Lane : 4 Athlete: VANHAESEBROECK MARIE-ELINE					Q-time: 99:99:99
PB (25m pool): 01:18.85 Mol 20/10/2024 PB (50m pool): 01:21.43 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.22		01:18.85	
	00:38.22		00:40.63		
					

Coach feedback:

Event number: 34: 100M BACKSTROKE WOMEN 11+					Heat:3, starttime: 15:00
Heat: 3/7 Lane : 2 Athlete: VAN GINKEL LOES					Q-time: 01:35:44
PB (25m pool): 01:35.70 Nijlen 16/11/2025 PB (50m pool): 01:35.44 SB: 01:35.70 Nijlen 16/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.61		01:35.70	
	00:45.61		00:50.09		
					

Coach feedback:

Event number: 34: 100M BACKSTROKE WOMEN 11+					Heat:3, starttime: 15:00
Heat: 3/7 Lane : 4 Athlete: VAN GINKEL KAAT					Q-time: 01:32:93
PB (25m pool): 01:45.87 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 01:32.93 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:50.92		01:45.87	
	00:50.92		00:54.95		
					

Coach feedback:

VBCSM 2 6: Session: 4: COACH evaluation sheet for TEAM: ZN

Event number: 34: 100M BACKSTROKE WOMEN 11+					Heat:5, starttime: 15:04
Heat: 5/7 Lane : 7 Athlete: CROONEN LIZE					Q-time: 01:26:20
PB (25m pool): 01:26.20 Nijlen 16/11/2025			PB (50m pool): 01:27.53 SB: 01:26.20 Nijlen 16/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.97		01:26.20	
	00:41.97		00:44.23		
					

Coach feedback:

Event number: 34: 100M BACKSTROKE WOMEN 11+					Heat:5, starttime: 15:04
Heat: 5/7 Lane : 8 Athlete: GEELEN GUUSJE					Q-time: 01:26:39
PB (25m pool): 01:44.58 Heist Op Den Berg 13/01/2024			PB (50m pool): 01:26.39 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:44.58	
	no time				
					

Coach feedback:

Event number: 34: 100M BACKSTROKE WOMEN 11+					Heat:7, starttime: 15:10
Heat: 7/7 Lane : 2 Athlete: BASSTANIE LIENE					Q-time: 01:12:85
PB (25m pool): 01:12.85 Antwerpen 12/10/2025			PB (50m pool): 01:15.83 SB: 01:12.85 Antwerpen 12/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.84		01:12.85	
	00:35.84		00:37.01		
					

Coach feedback:

Event number: 34: 100M BACKSTROKE WOMEN 11+					Heat:7, starttime: 15:10
Heat: 7/7 Lane : 4 Athlete: DELIEN FLOOR					Q-time: 01:09:31
PB (25m pool): 01:09.31 Nijlen 01/03/2026			PB (50m pool): 01:10.81 SB: 01:09.31 Nijlen 01/03/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.92		01:09.31	
	00:33.92		00:35.39		
					

Coach feedback:

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Event number: 34: 100M BACKSTROKE WOMEN 11+					Heat:7, starttime: 15:10
Heat: 7/7 Lane : 8 Athlete: LAUREYSENS JUTTA					Q-time: 01:15:43
PB (25m pool): 01:15.43 Nijlen 01/03/2026			PB (50m pool): 01:19.79 SB: 01:15.43 Nijlen 01/03/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.82		01:15.43	
	00:36.82		00:38.61		
					

Coach feedback:

Event number: 35: 100M BACKSTROKE MEN 11+					Heat:3, starttime: 15:16
Heat: 3/5 Lane : 4 Athlete: THIJSBAERT NIO					Q-time: 01:17:95
PB (25m pool): 01:17.95 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 01:18.45 SB: 01:17.95 Stedelijk Zwembad Geel 15/02/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.69		01:17.95	
	00:37.69		00:40.26		
					

Coach feedback:

Event number: 35: 100M BACKSTROKE MEN 11+					Heat:3, starttime: 15:16
Heat: 3/5 Lane : 8 Athlete: CAMBRé ARTHUR					Q-time: 01:23:89
PB (25m pool): 01:23.89 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 01:26.03 SB: 01:23.89 Stedelijk Zwembad Geel 15/02/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.83		01:23.89	
	00:40.83		00:43.06		
					

Coach feedback:

Event number: 35: 100M BACKSTROKE MEN 11+					Heat:4, starttime: 15:20
Heat: 4/5 Lane : 1 Athlete: GISCA DANIIL					Q-time: 01:16:33
PB (25m pool): 01:16.33 Nijlen 01/03/2026			PB (50m pool): 01:18.97 SB: 01:16.33 Nijlen 01/03/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.20		01:16.33	
	00:37.20		00:39.13		
					

Coach feedback:

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Event number: 35: 100M BACKSTROKE MEN 11+					Heat:5, starttime: 15:22
Heat: 5/5 Lane : 3 Athlete: SNEYERS KOBE					Q-time: 01:03:12
PB (25m pool): 01:01.80 Nijlen 20/11/2022					PB (50m pool): 01:07.51 SB: 01:03.12 Stedelijk Zwembad Geel 15/02/2026
2 5 M	5 0 M	7 5 M	1 0 0 M		
PB	no time		01:01.80		
	no time				
.....					

Coach feedback:

Event number: 35: 100M BACKSTROKE MEN 11+					Heat:5, starttime: 15:22
Heat: 5/5 Lane : 4 Athlete: SNEYERS LIAM					Q-time: 00:58:87
PB (25m pool): 00:58.87 Stedelijk Zwembad Geel 16/02/2025					PB (50m pool): 01:01.57 SB: 00:59.66 Nijlen 16/11/2025
2 5 M	5 0 M	7 5 M	1 0 0 M		
PB	00:28.91		00:58.87		
	00:28.91		00:29.96		
.....					

Coach feedback:

Event number: 35: 100M BACKSTROKE MEN 11+					Heat:5, starttime: 15:22
Heat: 5/5 Lane : 6 Athlete: VAN DOOREN WARRE					Q-time: 01:03:57
PB (25m pool): 01:03.57 Stedelijk Zwembad Geel 15/02/2026					PB (50m pool): 01:04.70 SB: 01:03.57 Stedelijk Zwembad Geel 15/02/2026
2 5 M	5 0 M	7 5 M	1 0 0 M		
PB	00:30.53		01:03.57		
	00:30.53		00:33.04		
.....					

Coach feedback:

Event number: 36: 200M MEDLEY WOMEN 11+							Heat:3, starttime: 15:46	
Heat: 3/7 Lane : 7 Athlete: WYNANTS FRé							Q-time: 03:07:24	
PB (25m pool): 03:07.24 Antwerpen 12/10/2025				PB (50m pool): no time SB: 03:07.24 Antwerpen 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.45		01:31.19		02:24.04		03:07.24
	00:42.45		00:48.74		00:52.85		00:43.20	
								

Coach feedback:

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Event number: 36: 200M MEDLEY WOMEN 11+							Heat:5, starttime: 15:52	
Heat: 5/7 Lane : 6 Athlete: LAUREYSENS JUTTA							Q-time: 02:50:52	
PB (25m pool): 02:55.94 Mol 28/12/2025				PB (50m pool): 02:50.52 SB: 02:55.94 Mol 28/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.87		01:25.22		02:17.45		02:55.94
	00:39.87		00:45.35		00:52.23		00:38.49	
								

Coach feedback:

Event number: 36: 200M MEDLEY WOMEN 11+							Heat:6, starttime: 15:56	
Heat: 6/7 Lane : 3 Athlete: BASSTANIE LIENE							Q-time: 02:39:91	
PB (25m pool): 02:39.91 Mol 28/12/2025				PB (50m pool): 02:45.07 SB: 02:39.91 Mol 28/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.51		01:16.31		02:01.97		02:39.91
	00:35.51		00:40.80		00:45.66		00:37.94	
								

Coach feedback:

Event number: 37: 400M FREESTYLE MEN 11+							Heat:4, starttime: 16:26	
Heat: 4/5 Lane : 2 Athlete: VERDONCK STAN							Q-time: 04:47:96	
PB (25m pool): 04:47.96 Lier 04/04/2026				PB (50m pool): 05:08.23 SB: 04:47.96 Lier 04/04/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:06.86		no time		02:21.32
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:47.96
								

Coach feedback:

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Event number: 37: 400M FREESTYLE MEN 11+							Heat:4, starttime: 16:26	
Heat: 4/5 Lane : 6 Athlete: KEKEC SAMIR							Q-time: 04:40:82	
PB (25m pool): 04:40.82 Herentals 04/10/2025			PB (50m pool): 05:32.38SB: 04:40.82 Herentals 04/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:30.58		01:04.96		01:40.22		02:16.03
	00:30.58		00:34.38		00:35.26		00:35.81	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		02:52.86		03:29.49		04:06.06		04:40.82
	00:36.83		00:36.63		00:36.57		00:34.76	
								

Coach feedback:

Event number: 38: 4x50M FREESTYLE WOMEN 11+							Heat:1, starttime: 16:40	
Heat: 1/2 Lane : 3 Athlete: TEAM ZN 1							Q-time: 99:99:99	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 39: 4x50M FREESTYLE MEN 11+							Heat:2, starttime: 16:50	
Heat: 2/2 Lane : 4 Athlete: TEAM ZN 1							Q-time: 01:40:70	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

VBCSM 2 6: Session: 4: COACH evaluation sheet for TEAM: ZN

Event number: 39: 4x50M FREESTYLE MEN 11+							Heat:2, starttime: 16:50	
Heat: 2/2 Lane : 6 Athlete: TEAM ZN 2							Q-time: 01:54:15	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: